

FIRST AID

Poisoning

Swallowed Poisons:

- Don't wait for symptoms – call the Indiana Poison Center, even if you just think someone might be poisoned.
- Don't give anything by mouth.

Caution:

- Some out-of-date product labels or health information charts may carry incorrect treatment information. Call the poison center for instructions. **DO NOT** make the person throw up by sticking fingers or other objects down their throat.

Poisons on the Skin:

- Remove all clothing and jewelry that has the poison on it.
- Wash the skin with warm water and soap and rinse well.
- Call the Indiana Poison Center.

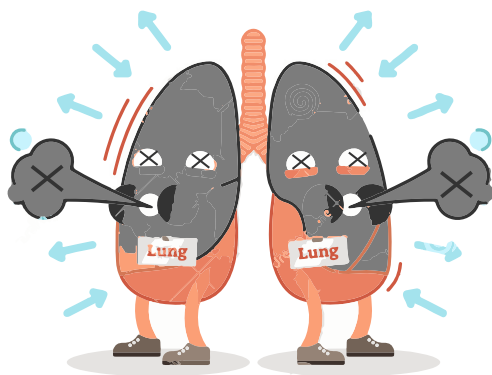


Poisons in the Eye:

- Remove contact lenses, if worn.
- Rinse the eyes for a **full 15 minutes** (for older children and adults, getting in the shower works best).
- Aim a gentle stream of warm water on the forehead above the affected eye. If both eyes are affected, aim the stream at the bridge of the nose.
- **Do not pour water directly onto the surface of the eye.** Eyes do not need to be held open.
- Blink to help flush the eye.
- For young children, use the sprayer hose at the kitchen sink or a pitcher and follow the instructions for an adult.
- Don't apply eye drops unless told to do so by a health care professional.

Inhaled (breathed-in) Poisons:

- Protect yourself from the fumes – only go into the area if it's clear.
- Carry or drag the affected person to fresh air.
- If necessary, give mouth-to-mouth rescue breathing.
- Call the Indiana Poison Center.
- If the person is unconscious or having trouble breathing, call 9-1-1.



1.800.222.1222

Tips for calling the Indiana Poison Center

“If the person is unconscious, having seizures, or having trouble breathing, call 911 first.”

Don't wait for the person to get sick before calling ...

Call even if you just think someone's been poisoned – don't take chances.

Take the container and the person to the phone with you.....

So you can quickly give the information needed.

Find the list of ingredients

Look on the label to see what's in the product.

Find the strength of the product.....

For example, “each spoonful contains...” products may have similar names but have different strengths.

Read how much the container held to begin with.....

For example, “four ounces, eight ounces, 100 tablets.”

Decide how much was in the container when the poisoning happened....

For example, it was half-full, about $\frac{3}{4}$ full, etc.

Call from a quiet place.....

Use a phone in a quiet area so you can hear and be heard.

Speak slowly and clearly....

Spell out words you're not sure of.

If chemicals are splashed on skin or in the eyes...

Rinse with water for 15 minutes and then call the Indiana Poison Center.

Never give syrup of ipecac or activated charcoal unless told to do so by a doctor or poison center staff.

1.800.222.1222